

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Dean Lamb**

Has successfully participated & completed the

**10km Heritage Day Trail Run**

held at De Grendel Wine Estate.

**TIME 01:10:25**

**PACE 07:01/km**

**OVERALL 50 of 183**

**GENDER 33 of 76**

**OPEN 14 of 34**

24 September 2023, Sun

Date



*BoutTime*

Signature

